



CLASSIFICAÇÃO GERAL

15 KM

POSICÃO	CLASSIFICAÇÃO	NOME	CLUBE	CATEGORIA	TEMPO
1	1	JORGE MIRANDA	CUA BENAVENTENSE	SM	0:46:32
2	2	HUGO PINTO	RB RUNING	SM	0:46:50
3	1	BRUNO RODRIGUES	JUV VIDIGALENSE	SM	0:47:14
4	2	TIAGO MARQUES	AC VERMOIL	SM	0:47:23
5	5	MÁRIO FONSECA	CDC NAVAIS	SM	0:48:32
6	3	MÁRIO HENRIQUE	AC VERMOIL	VET	0:48:36
7	4	NATANIEL LOPES	JUV VIDIGALENSE	SM	0:48:42
8	5	MIGUEL ANGELO	AC VERMOIL	VET	0:50:04
9	6	BRUNO GASPAR	AC VERMOIL	SM	0:50:06
10	7	CLAUDIO LOUREIRO	AC VERMOIL	SM	0:50:10
11	8	ANTONIO ALVES	CA BARREIRA	VET	0:50:20
12	9	JORGE CORREIA	CA BARREIRA	VET	0:50:31
13	10	JORGE AIRES	CA BARREIRA	SM	0:50:41
14	11	ANTONIO SILVINO	CA BARREIRA	VET	0:52:07
15	12	LUIS DUARTE	CR AMIEIRNHENSE	SM	0:52:42
16	12	LUIS DUARTE	CR AMIEIRNHENSE	SM	0:52:42
17	13	JOÃO LEAL	JUV VIDIGALENSE	SM	0:52:58
18	14	RICARDO A. FERNANDE	JUV VIDIGALENSE	SM	0:52:58
19	15	JOAO GOMES	CR AMIEIRNHENSE	VET	0:53:05
20	15	EMANUEL CARDOSO	CAM GRANDE	SM	0:53:09
21	16	JOÃO PLÁCIDO	URD ZONA ALTA	SM	0:53:12
22	17	LUIS GOMES	C. VETERANOS LIS	SM	0:53:17
23	1	CLARISSE CRUZ	SPORTING C. PORTUGAL	SF	0:53:27
24	18	CRISTIANO ANTÓNIO	GA FÁTIMA	SM	0:53:31
25	18	ANTONIO POEIRAS	ACR SOUTOS	VET	0:53:48
26	19	VITOR DINIS	ID VIEIRENSE	VET	0:54:08
27	17	JOSÉ FIGUEIRA	ID VIEIRENSE	VET	0:54:08
28	18	PAULO LEANDRO	GAF VIDAIS	VET	0:54:13
29	19	VITOR DINIS	ID VIEIRENSE	SM	0:54:16
30	20	ANTONIO FRANCISCO	GA CARANGUEJEIRA	VET	0:54:28
31	21	AQUILINO FERREIRA	AC VERMOIL	VET	0:54:24
32	22	ANTONIO FRANCISCO	GA CARANGUEJEIRA	VET	0:54:28
33	20	RUI LOPES	CDCR CTT COIMBRA	SM	0:55:06
34	23	CARLOS SANTOS	AC VERMOIL	VET	0:55:13
35	24	DIAMANTINO LOPES	GA CARANGUEJEIRA	VET	0:55:17
36	25	JOSÉ RAIMUNDO	GDR FIGUEIRAS	VET	0:55:39
37	26	VITOR LOPES	CR AMIEIRNHENSE	SM	0:56:12
38	27	JOÃO SANTOS	NDA POMBAL	SM	0:56:19
39	28	LICINIO PEREIRA	ID VIEIRENSE	VET	0:56:20
40	29	ARTUR LOPES	ID VIEIRENSE	VET	0:56:28
41	30	ANTONIO ALVES	CA BARREIRA	VET	0:56:30
42	22	PAULO FERNANDES	INDIVIDUAL	SM	0:56:40
43	23	FERNANDO CARVALHO	CDCR CTT COIMBRA	SM	0:56:41
44	31	JOAQUIM MORAIS	CR AMIEIRNHENSE	VET	0:56:46
45	32	ANTONIO ALVES	CA BARREIRA	VET	0:57:01

CL. G.	CL. FRA.	NOME	FOLIPA	FRAÇÃO	TEMPO
46	32	JOEL MARQUES	GA CARANGUEJEIRA	SM	0:57:06
47	33	RICARDO HENRIQUES	CR AMEIRINHENSE	SM	0:57:11
48	13	PAULO PEREIRA	CDCR OTT COIMBRA	M40	0:57:18
49	21	ANTONIO PEREIRA	GA CARANGUEJEIRA	SM	0:57:22
50	27	TIAGO CORDEIRO	GD PEDREIRAS	SM	0:57:36
51	35	NUNO LORVÃO	ID VIEIRENSE	VET	0:57:51
52	36	PEDRO CAPELA	GAU BAJOUCA	SM	0:58:18
53	37	MANUEL FERREIRAS	ACR SOUTOS	VET	0:58:28
54	38	RUI DINIS	ID VIEIRENSE	VET	0:58:31
55	15	CARLOS SOARES	CCRD BURINHOSA	M40	0:58:46
56	29	NELSON FERREIRA	AC VERMOIL	SM	0:58:55
57	39	LEONARDO PEREIRA	LA BARREIRA	VET	0:59:00
58	40	GUSTAVO SANTOS	AC VERMOIL	SM	0:59:04
59	41	CRISTOVÃO PEREIRA	ID VIEIRENSE	SM	0:59:17
60	42	RUI DUARTE	AC VERMOIL	SM	0:59:30
61	43	JUANK MARCELINO	ID VIEIRENSE	VET	0:59:30
62	33	GONÇALO ABREU	GA FÁTIMA	SM	0:59:48
63	44	HORÁCIO ALEXANDRE	GAF VIDAIS	SM	0:59:48
64	45	JORGE REIS	GAF VIDAIS	SM	0:59:48
65	46	MÁRIO FELIX	ID VIEIRENSE	SM	0:59:53
66	47	MICHAEL AGOSTINHO	CA BARREIRA	SM	1:00:01
67	38	PEDRO SILVA	GA FÁTIMA	SM	1:00:04
68	39	DAVID OLIVEIRA	C. VETERANOS LIS	SM	1:00:06
69	16	BERNARDO SANTOS	GDR FIGUEIRAS	M40	1:00:09
70	40	PEDRO GABRIEL	CAA PARQUE PAZ	SM	1:00:14
71	48	JORGE SILVA	GAU BAJOUCA	VET	1:00:17
72	49	LEANDRO SANTOS	AC VERMOIL	VET	1:00:18
73	50	CELESTINO MARQUES	ID VIEIRENSE	VET	1:00:20
74	51	JOSÉ GONÇALVES	NDA POMBAL	VET	1:00:23
75	52	ANTONIO LEAL	JUV VIDIGALENSE	VET	1:00:25
76	53	CARINA MATIAS	CA BARREIRA	SF	1:00:30
77	54	GERMÃO CAPELA	LA BARREIRA	VET	1:00:31
78	23	VASCO MARQUES	C. VETERANOS LIS	M40	1:00:57
79	3	ABREU MOURA	CLAC ENTRONCAMENTO	M55	1:01:04
80	41	RUI ANDRADE	GA CARANGUEJEIRA	SM	1:01:17
81	55	FRANCO SILVEIRA	GDR FIGUEIRAS	SM	1:01:19
82	4	JOÃO PRÓSPERO	CAM GRANDE	M55	1:01:28
83	43	CRISTÓVÃO GOMES	C. VETERANOS LIS	SM	1:01:35
84	44	CRISTÓVÃO JORGE	CAM GRANDE	SM	1:01:40
85	56	VITOR TEIXEIRA	CR AMEIRINHENSE	VET	1:01:44
86	57	FILIFE CARVALHEIRO	GAU BAJOUCA	VET	1:01:45
87	58	CARLOS JACINTO	ACR SOUTOS	SM	1:01:51
88	8	CARLOS RIBEIRO	C. VETERANOS LIS	M45	1:02:16
89	59	FRANCO SANTOS	GAF VIDAIS	VET	1:02:20
90	60	DAVID SANTOS	JUV VIDIGALENSE	SM	1:02:28
91	61	LUIS SECO	GDR FIGUEIRAS	VET	1:02:30
92	47	HÉLIO FERREIRA	GA CARANGUEJEIRA	SM	1:02:37
93	62	MANUEL SIMÃO	GAF VIDAIS	VET	1:02:38
94	63	FILIFE ALMEIDA	GD PEDREIRAS	SM	1:02:47
95	64	MÁRIO CARVALHO	ACR SOUTOS	SM	1:02:53
96	65	MÁRIO DUARTE	GDR FIGUEIRAS	VET	1:03:01

CI. N.	CI. FRC	NOME	FOIRPA	FRCAIÃO	TEMPO
97	10	JOAQUIM PESSOA	C VET CONDEIXA	M50	1:03:03
98	11	JOSÉ PEIXOTO	GAF VIDAIS	M50	1:03:23
99	9	CARLOS DUARTE	CCRO BURINHOSA	M45	1:03:29
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101	86	ANTÓNIO AGOSTINHO	CA BARREIRA	VET	1:03:48
102	67	FERNANDO JACINTO	ACR SOUTOS	VET	1:03:53
103	68	LUIS SANTOS	GAF VIDAIS	VET	1:03:59
104	89	JOAQUIM FREIREIRA	CA BARREIRA	SM	1:04:04
105	1	LUIS REI	CLAC ENTRONCAMENTO	M50	1:04:04
106	3	INÉS COSTA	POLICLINICA DE VERMOIL	SF	1:04:07
107	52	SALOMÃO ROCHA	POLICLINICA DE VERMOIL	SM	1:04:08
108	53	JOSE SANTOS	AC VERMOIL	SM	1:04:10
109	70	VITOR PARREIRA	CA BARREIRA	VET	1:04:13
110	54	NUNO JORGE	CPR A-DO-BARBAS	SM	1:04:26
111	26	LUIS MIGUEL	ID VIEIRENSE	M40	1:04:42
112	19	LUIS BRANQUA	AL VERMOIL	M40	1:04:34
113	11	JOSÉ ALVES	ADR MATA	M45	1:04:59
114	56	CARLOS RODRIGUES	GD CHELAS	SM	1:05:10
115	13	MANUEL CARREIRA	C. VETERANOS LIS	M50	1:05:12
116	86	MIGUEL MIGUEL	C. VETERANOS LIS	SM	1:05:19
117	12	JOSÉ GARRAFÃO	CLAC ENTRONCAMENTO	M45	1:05:22
118	71	RICARDO VICENTE	ID VIEIRENSE	SM	1:05:30
119	2	JOÃO LOPES	POLICLINICA DE VERMOIL	M60	1:05:34
120	72	ALBERTO VINAGRE	ID VIEIRENSE	VET	1:05:48
121	73	EVANGELINO CARDEIRA	GDR FIGUEIRAS	VET	1:06:10
122	74	JOANA GRACIO	CA BARREIRA	SF	1:06:17
123	26	JORGE MARQUES	GD CHELAS	M40	1:06:19
124	86	LUIS MIGUEL	CORRER=ENAFARMACIA	SM	1:06:22
125	18	JOÃO MARQUES	CORRER=ENAFARMACIA	M50	1:06:22
126	89	DIOGO FERREIRA	C. VETERANOS LIS	SM	1:06:31
127	75	JOSÉ MARTINS	CA BARREIRA	VET	1:06:39
128	60	MARCO SOUSA	CPR A-DO-BARBAS	SM	1:06:49
129	16	JACINTO FERREIRA	C. VETERANOS LIS	M50	1:07:06
130	10	AMÉRICO SANTOS	C. VETERANOS LIS	M55	1:07:28
131	61	RICARDO MONTEIRO	C. VETERANOS LIS	SM	1:07:28
132	14	FERNANDO FONSECA	CLAVE COIMBRA	M40	1:07:30
133	76	RUI CARREIRA	ACR SOUTOS	VET	1:07:52
134	77	DIAMANTINO CRUZ	GDR FIGUEIRAS	VET	1:07:56
135	78	MANUEL BRITES	ACR SOUTOS	VET	1:08:15
136	27	VITOR FERREIRA	GRUPO LAMINIA	M40	1:08:20
137	62	BRUNO LOPES	INDIVIDUAL	SM	1:08:24
138	63	RUI FIGUEIREDO	INDIVIDUAL	SM	1:08:29
139	15	FRANCISCO CALÇADA	AÇOREANA C BANIF	M45	1:08:32
140	19	CARLOS FREIREIRA	GRUPO LAMINIA	VET	1:08:34
141	16	BERNARDINO CLEMENT	URD ZONA ALTA	M45	1:08:32
142	80	ALFREDO SANTOS	AC VERMOIL	VET	1:08:50
143	14	NARCISO ARROMBA	CLAVE COIMBRA	M55	1:08:56
144	17	ARIBAL SILVA	CLAVE COIMBRA	M40	1:08:59
145	81	ANÁ CAROLINA MATIAS	AC VERMOIL	SF	1:09:18
146	82	RENATO OSÓRIO	AC VERMOIL	SM	1:09:18
147	66	LUIS GROSSO	CPR A-DO-BARBAS	SM	1:09:21

CI N	CI FRC	NOME	EQUIPA	PROVAÇÃO	TEMPO
148	1	CARLA CALÇADA	AÇOREANA C BANIF	W40	1:09:47
149	66	SANDRO JORDÃO	INDIVIDUAL	SM	1:09:51
150	67	JULIO LOPES	C. VETERANOS LIS	SM	1:09:57
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152	68	BRUNO TEIXEIRA	INDIVIDUAL	SM	1:10:14
153	3	MANUEL FERREIRA	C. VETERANOS LIS	M60	1:10:38
154	18	LUIS CONCEIÇÃO	CCRD BURINHOSA	M50	1:10:36
155	19	JOSÉ TEIXEIRA	INDIVIDUAL	W30	1:10:41
156	69	NELSON OLIVEIRA	INDIVIDUAL	SM	1:10:48
157	29	CARLOS ANDRADE	GD CHELAS	M40	1:10:53
158	83	ANTONIO REIS	CA BARREIRA	VET	1:11:01
159	84	VILHAR LARUEIRA	GD FIGUEIRAS	VE1	1:11:00
160	19	MANUEL SANTOS	AC VERMOIL	M45	1:11:11
161	70	NUNO CALHA	POLICLINICA DE VERMOIL	SM	1:11:20
162	30	OCTÁVIO MARIANO	CCRD BURINHOSA	M40	1:11:36
163	85	LUIS GARCIA	JUV VIDIGALENSE	SM	1:11:43
164	5	JOSÉ LUCAS	ACR SOUTOS	M60	1:11:47
165	86	ANTONIO MARQUES	GAU BAJOUCA	VET	1:12:03
166	20	EDUARDO PIRES	ID VIEIRENSE	M45	1:12:16
167	41	AMERILU FERREIRA	GD CHELAS	W40	1:12:28
168	72	FÁBIO PEDROSA	GAU BAJOUCA	SM	1:12:37
169	21	JOSÉ SANTOS	INDIVIDUAL	M45	1:12:37
170	32	RUI AFONSO	INDIVIDUAL	M40	1:12:45
171	87	RAMIRO RODRIGUES	AL VERMOIL	VE1	1:12:59
172	16	ALCINO COUTINHO	CPUCOIMBRA	M55	1:13:17
173	2	ISABEL FERNANDES	CAM GRANDE	W40	1:13:23
174	73	CRISTIANO CASALINHO	CA BARREIRA	SM	1:13:24
175	74	ANDRÉ LUIS	INDIVIDUAL	SM	1:13:26
176	21	LUCIDIO DIAS	CORRER-ENAFARMÁCIA	M50	1:13:58
177	75	SÉRGIO SILVA	AC VERMOIL	SM	1:14:11
178	88	OLENA ABESSONOVA	NDA POMBAL	SF	1:14:13
179	89	RAMIRO ALFARTE	GAU BAJOUCA	VE1	1:14:20
180	22	LUIS LAGES	INDIVIDUAL	M45	1:14:43
181	34	CARLOS SÁ	GD CHELAS	M40	1:14:46
182	6	FERNANDO PAULO	GD CHELAS	M60	1:14:47
183	24	MANUEL LARUEIRA	CALERA	INDV	1:15:02
184	90	MANUEL BRITO	CA BARREIRA	VET	1:15:43
185	91	JOSÉ LUIS	GAF VIDAIS	SM	1:15:48
186	17	ARMANDO DELGADO	CPUCOIMBRA	M55	1:16:04
187	77	RUBERTU ADEIR	AL VERMOIL	SM	1:16:09
188	24	FERNANDO SANTOS	GD FIGUEIRAS	M50	1:16:32
189	7	AFONSO MACEDO	CLIVE COIMBRA	M60	1:16:47
190	92	PEDRO CABECINHAS	GAU BAJOUCA	SM	1:16:56
191	29	RUBERTU SILVA	INDIVIDUAL	INDV	1:17:14
192	79	MÁRCIO SOUSA	CPR A-DO-BARBAS	SM	1:17:52
193	8	PIET BAARDSE	HOLANDA	M80	1:18:02
194	80	ANDRÉ LOPES	INDIVIDUAL	SM	1:18:08
195	81	JUCEL SAIDIA	AL VERMOIL	SM	1:18:11
196	93	ANTONIO NEVES	AC VERMOIL	VET	1:19:33
197	35	CARLOS CADETE	AC VERMOIL	M40	1:20:05
198	26	RUI VENTURA	CCRD BURINHOSA	M50	1:20:10

CI G	CI FRC	NOME	FOLIPA	FRCAL &O	TEMPO
199	94	MARISA CARVALHO	CA BARREIRA	SF	1:20:22
200	95	BRUNO PEDROSA	GAU SAJOUCA	SM	1:20:22
201	96	JOSÉ GINETO	GD PEDREIRAS	VET	1:20:36
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203	83	TELMO PEDROSO	CCRD BURINHOSA	SM	1:20:57
204	9	LUCRÉCIO DIAS	CLAC ENTRONCAMENTO	M60	1:21:27
206	97	ADRIANA ASCENSO	CA BARREIRA	SF	1:22:38
207	98	ANA APUNGU	CA BARREIRA	SF	1:22:39
208	84	PAULO RAINHO	CCRD BURINHOSA	SM	1:23:29
209	85	MARCO RIBEIRO	INDIVIDUAL	SM	1:24:35
210	99	TÂNIA ALVES	JUV VIDIGALENSE	SF	1:25:39
211	10	VITOR FERNANDES	CALMA	M60	1:27:00
212	86	ANDRÉ LOPES	AC VERMOIL	SM	1:31:28
213	87	JOÃO SOUSA	ID VIEIRENSE	SM	1:33:25
214	100	MARIA R. BARROS	JUV VIDIGALENSE	VET	1:35:25