

100)

PG	AA	NOME	D. NASC	ESC	CLUBE	I	II	III	IV	V	VI	VII	VIII	IX	X	PTS	M.TEMPO	ANO		
1	1	IVO DINIS	1969,05,12	SM	BOAVISTA DO PICO	19	58	11	99	77	119	94	109	141	783	0:43:28	1996			
2	3	ADELINO SANTOS	1963,06,25	SM	CA BARREIRA	69	38	45	122	75	123	166	133	143	970	0:45:08	1998			
3	2	JULIO CUNHA	1960,11,04	V1	AC VERMOIL	13	28	26	53	124	121	156	141	155	179	996	0:45:04	1993		
4	5	DIOGO FERREIRA	1981,03,14	SM	CSP PAULO VI				78	5	4	87	70	178	190	1044	0:53:19	2002		
5	10	JOÃO RIBEIRO	1987,07,12	JUVM	GD PEDREIRAS						29	17	7	3	87	1107	0:39:53	2002		
6	12	ANGELO VAZÃO	1984,09,24	JM	GD PEDREIRAS						31	25	8	13	86	1127	0:39:08	2002		
7	8	MANUEL LOPES	1952,08,15	V3	C VET LIS	83	57	69	110	93	143	143	208	185	1147	0:46:26	1997			
8	16	BASILIO GONÇALVES	1977,08,25	SM	CA CENTRO	17			90	62	99	71	79	96	1160	0:41:30	2000			
9	11	CARLOS VILAÇA	1959,09,28	V1	GDCCA VALDEVEZ				33	114	97	128	117	112	132	1166	0:46:15	1996		
10	19	NUNO VARELA	1983,04,03	JM	GD PEDREIRAS						12	6	67	65	83	1197	0:34:25	2002		
11	4	GONÇALO JANUÁRIO	1985,01,25	JUVM	CPR A DO BARBAS				40	23	26	18	28		1214	0:10:50	2000			
12	6	VITOR DINIS	1972,07,22	SM	AC MARINHENSE	1	6		12	85	63		72	85	1232	0:41:46	2000			
13	14	VITOR PARREIRA	1952,12,29	V3	CA BARREIRA	25	17	32				134	126	127	180	1235	0:45:40	1994		
14	15	GONÇALO LOPES	1980,11,23	SM	CSP PAULO VI				167	15	69	86	77	211	196	1253	0:53:39	2002		
15	22	ADELINO PEREIRA	1966,04,09	SM	AC VERMOIL	18	41		80		96	236	85	120	118	1277	0:44:17	2000		
16	39	ALEXANDRE SILVA	1986,09,25	JUVM	AC CARNIDE						30	11	6	3	1280	0:09:48	2001			
17	43	RODRIGO PEREIRA	1986,10,06	JUVM	AC CARNIDE						38	16	14	8	1316	0:10:20	2001			
18	7	JOAQUIM GOMES	1950,07,22	V3	CPR A DO BARBAS	43	43	67	142	127	160	144	162		1321	0:48:19	1994			
19	9	VIRGILIO OLIVEIRA	1964,03,17	SM	CA BARREIRA	27	19	51	128	145		122	142	328	1328	0:46:01	1994			
20	20	ANTONIO AGOSTINHO	1954,11,15	V2	CA BARREIRA	16	24		132	102	139	152	157	181	1328	0:46:50	1995			
21	41	PAULO NEVES	1986,09,29	JUVM	AC VERMOIL						36	12	8	39	1335	0:09:58	2001			
22	25	MIGUEL GINETO	1974,11,02	SM	GD PEDREIRAS			41	48	129		183	164	143	152	1347	0:47:31	1996		
23	34	RAFAEL CABECINHAS	1965,03,20	SM	GAU BAJOUCA	42	140	99			85	214	120	227	156	1401	0:46:32	1998		
24	45	MARIO SILVA	1963,12,15	SM	CPV VOUGA	3	3					93	74	91	1404	0:40:31	2001			
25	44	CRISTIANA SILVA	1984,10,06	JF	JUV VIDIGALENSE							31	22	19	102	1414	0:44:04	2002		
26	13	FILIFE FERREIRA	1984,12,15	JM	CPR A DO BARBAS				29	20	15		11		1430	0:10:02	2001			
27	17	OTILIA MORAIS	1983,03,01	JF	GD CHELAS						22	27	24	70	1484	0:44:29	2001			
28	65	KEVIN SANTOS	1988,05,16	JUVM	AC VERMOIL						78	57	49	61	1485	0:13:44	2001			
29	18	PEDRO LOPES	1983,11,24	JM	GD CHELAS						27	24	25	68	1485	0:49:38	2001			
30	36	ANTONIO JOAQUIM	1947,02,06	V4	CLAC TANY			111	107	169	171	184	159	171	208	1491	0:51:57	1996		
31	55	JOSE MARTINS	1952,04,25	V3	CA BARREIRA	44	52	47	130	98					138	1499	0:47:27	1996		
32	40	LUIS FRANCISCO	1953,09,04	V2	C VET LIS	28	54	76	102	156		202	187	206	219	1506	0:49:51	1994		
33	71	GARY BOTELHO	1987,11,01	JUVM	AC VERMOIL							82	62	58	70	1512	0:14:58	2002		
34	57	JOÃO PROSPERO	1952,11,14	V3	AC MARINHENSE				43	101	89				121	267	150	1513	0:45:38	1997
35	60	SILVIA CRISTINA	1985,02,15	JUVF	AC CARNIDE							56	45	43	142	1526	0:48:37	2002		
36	21	JOEL COUTO	1979,01,04	SM	AC VERMOIL				67	52	130	97	110		1535	0:46:48	2000			
37	23	LUIS MIGUEL	1977,09,05	SM	AC VERMOIL	129	121	88	184	111	221	116	144		1547	0:48:08	2000			
38	58	JORGE FRAZÃO	1966,04,13	SM	GDC EIRAPEDRENSE	32	39				134	146		154	184	1553	0:46:49	1994		
39	56	SILVIA MARISA	1984,06,24	JF	AC CARNIDE							52	37	33	191	1553	0:53:21	2002		
40	24	MICHAEL SANTOS	1985,03,30	JUVM	AC VERMOIL						49	83	46	50	1569	0:13:30	2000			
41	64	RENATO SANTOS	1979,12,23	SM	AC VERMOIL						55	138	154	106	159	1576	0:47:25	2001		
42	69	HENRIQUE ROSÁRIO	1973,12,18	SM	INDIVIDUAL	60	113		121			128	100	149	1583	0:45:27	2001			
43	26	JOSE RAIMUNDO	1962,08,27	V1	AC MARINHENSE				31	126	84		106	117	1583	0:45:53	1996			
44	27	PAULO ALFAR	1965,02,08	SM	METROPOLITANO LX				144		65	101	75	80	1585	0:42:24	2000			
45	28	ANTONIO GARCIA	1949,06,04	V3	AC MARINHENSE				18	49	123	120		108	1592	0:46:11	1995			
46	66	VITOR FERREIRA	1967,12,30	SM	AR CUMEIRENSE	49	37	73	143	132				169	1593	0:48:24	1995			
47	29	CARLOS ALVES	1966,08,03	SM	BOAVISTA DO PICO				2	2			79	76	1595	0:40:27	1995			
48	30	DAVID GOMES	1981,03,18	SM	CPR A DO BARBAS				181	163	11	10	19		1596	0:55:17	1996			
49	31	MANUEL VIEIRA	1958,05,30	V1	CCR ALQ SERRA	58	28	70		149	155			172	1603	0:47:31	1995			
50	32	VITOR RIBEIRO	1960,07,13	V1	CA BARREIRA				54	29	107		114	88	1604	0:44:59	2000			
51	33	LEONEL BORGES	1979,08,20	SM	CP CARREGAL SAL				51	42	68	106	132		1611	0:47:16	1996			
52	77	RUI DINIS	1964,04,23	SM	INDIVIDUAL	53	103				168	165		129	131	1613	0:47:51	2002		
53	113	NUNO PEREIRA	1986,08,27	JUVM	ACDR TORNEIRA							33	30	9	1622	0:10:29	2002			
54	87	PRUDÊNCIO PEREIRA	1959,11,14	V1	AR ESTRELA SUL						109	80	89	104	1622	0:43:30	2000			
55	35	LUIS GOMES	1981,01,31	SM	CSP PAULO VI					118	1	85			1638	0:34:27	1999			
56	91	ALCINO ALMEIDA	1967,08,17	SM	CPV VOUGA	13						102	75	92	1643	0:40:52	2001			
57	46	JORGE MIGUEL	1981,11,25	SM	AC VERMOIL				175	102	74	96	89		340	1656	1:08:13	2002		
58	117	DIOGO CARREIRA	1986,05,25	JUVM	GDC EIRAPEDRENSE							36	35	41	1662	0:12:09	2001			
59	37	ANTONIO LEAL	1966,12,05	SM	AC MARINHENSE	7	18	36	17	189		84			1662	0:44:10	1993			
60	38	MARCO ENCARNAÇÃO	1982,04,14	SM	AR FRADE BAIXO				122	6	3		65		1663	0:36:13	2000			
61	75	PAULO QUARESMA	1955,09,04	V2	SNACK BAR BANU				71	137	184	187		182	206	1675	0:49:28	1996		
62	42	JAIME SANTOS	1954,02,10	V2	CA BARREIRA						139	113	133	109	111	1684	0:47:38	2000		
63	96	MANUEL FERNANDES	1954,06,08	V2	C VET FIG FOZ					98	78			102	127	1693	0:45:24	1997		
64	47	ELIO LOURENÇO	1973,11,03	SM	AC VERMOIL	46	40	30		116	95				1694	0:45:51	1996			
65	48	DANIEL CAMPOS	1983,05,27	JM	AR FRADE BAIXO						2	4	2		1697	0:09:27	2000			
66	49	JOEL OLIVEIRA	1983,05,25	JM	JUV VIDIGALENSE						7	3	1		1700	0:09:17	2000			
67	51	AIRES PRATAS	1955,05,20	V2	GDCCA VALDEVEZ				14	91	71	100			1708	0:43:14	1999			
68	81	FILIFE BORGES	1973,12,02	SM	CP CARREGAL SAL				32	54	127	173		215	1712	0:47:51	1995			
69	52	JOÃO JOAQUIM	1947,02,06	V4	CLAC TANY				98	108	170	172	210	175	193	1714	0:52:09	1996		
70	119	TIAGO CORDEIRO	1984,01,14	JM	GD PEDREIRAS							73	7	85	1715	0:38:10	2002			
71	140	MARGARIDA TOMÁS	1986,09,15	JUVF	ACDR TORNEIRA							58	54	54	1716	0:13:01	2002			
72	132	SANDRA SOUSA	1987,01,28	JUVF	AC CARNIDE							49	52	69	1720	0:14:15	2001			
73	53	SERGIO DOMINGUES	1980,09,13	SM	AC VERMOIL				77	65	70	157	189	229	1723	0:52:59	1999			
74	54	HUGO FERREIRA	1983,11,01	JM	CSP PAULO VI					10	13	10			1736	0:09:59	1999			
75	78	FERNANDO SANTOS	1961,07,06	V1	CCR ALQ SERRA	61	71	114	183	201				218	253	1743	0:50:43	1994		
76	107	HILARIO ESTRADA	1962,07,22	V1	GAU BAJOUCA	55	139	103	178			136		145	1746	0:48:44	2002			
77	99	ALBERTO RICARDINO	1940,11,15	V4	CP CARREGAL SAL				97	147	141			173	171	1747	0:50:35	1997		
78	59	TEOTONIO BERNARDO	1976,06,06	SM	GD FIGUEIRAS	36	44	52				157	145		1753	0:47:43	1994			

79	121	JOÃO SALVADOR	1984,05,04 JM	ACDR TORNEIRA					42	42	120	<b>1754</b>	0:46:52	2002
80	61	JOSE ROSA	1953,01,21 V2	AC MARINHENSE	15	19	96	82				<b>1774</b>	0:45:01	1996
81	62	NELSON RODRIGUES	1982,08,21 SM	AC VERMOIL			180	100	105	115	118	<b>1775</b>	0:45:30	1997
82	63	CARLOS SILVA	1977,02,03 SM	GD CHELAS	16	34			233	98		<b>1783</b>	0:45:25	2001
83	94	ANTONIO MARQUES	1947,07,10 V4	CP CARREGAL SAL	138	158	186	170	223	199	229	<b>1790</b>	0:54:14	1997
84	93	EDUARDO MANSO	1949,08,09 V3	CCD "O ALVITEJO"	86		144	162	168	170	237	<b>1796</b>	0:50:25	1997
85	162	TOZÉ VELHA	1962,07,13 V1	CPV VOUGA					97	82	109	<b>1804</b>	0:42:52	1999
86	67	ANTONIO MARIZ	1972,05,03 SM	NA BAIRRADA	8	8				78		<b>1806</b>	0:42:12	1996
87	68	ANTONIO AFONSO	1974,06,16 SM	GDCCA VALDEVEZ	5	6	88	188				<b>1809</b>	0:41:55	1996
88	70	JORGE GONÇALVES	1960,10,19 V1	GD CHELAS	101	115			149	140	186	<b>1817</b>	0:49:59	1999
89	172	PAULO PEREIRA	1964,06,05 SM	ADERCUS					82	87	99	<b>1818</b>	0:43:35	2002
90	72	ROGÉRIO VIEIRA	1966,07,27 SM	JUV VIDIGALENSE					113	76	110	<b>1824</b>	0:44:52	1999
91	73	ANTONIO FERREIRA	1963,08,01 SM	CSP PAULO VI					110	131	140	<b>1830</b>	0:49:21	1997
92	150	ROBERTO REIS	1977,10,01 SM	GDC EIRAPEDRENSE					179	197	158	<b>1835</b>	0:50:23	2002
93	252	MIGUEL GANHÃO	1987,02,26 JUV	CPR A DO BARBAS						12	4	<b>1842</b>	0:10:01	2002
94	184	HUGO RAMALHO	1978,10,17 SM	ADERCUS					81	104	107	<b>1842</b>	0:43:50	2000
95	146	GUILHERME GONÇALVES	1942,04,09 V4	AR ESTRELA SUL					142	132	156	<b>1845</b>	0:49:08	1999
96	74	AVELINO FRIAS	1964,01,22 SM	JUV VIDIGALENSE	1	1	60					<b>1846</b>	0:38:55	1996
97	186	RUI PERDIGÃO	1966,07,26 SM	CRCC AZINHEIRA	219	86	70			113		<b>1853</b>	0:42:57	1997
98	262	EMANUEL SILVA	1987,03,30 JUV	GDCCA VALDEVEZ						22	7	<b>1855</b>	0:10:21	2002
99	76	HELDER ANTUNES	1979,09,23 SM	CA BARREIRA	150	73	56	144				<b>1856</b>	0:49:20	1999
100	174	HENRIQUE RITA	1960,07,03 V1	GDCCA VALDEVEZ					228	129	122	<b>1859</b>	0:48:33	2002

**TODOS ESTES ATLETAS SERÃO PREMIADOS**